

# GOOD GRIEF GATHERING

IN PARTNERSHIP WITH ST. PAUL'S  
ANGLICAN CHURCH - COBDEN

A 4-WEEK, STRUCTURED GRIEF GROUP  
TO NORMALIZE THE GRIEF JOURNEY &  
PROVIDE COPING STRATEGIES IN A  
SUPPORTIVE VIRTUAL SPACE

PROGRAM LED BY GRIEF &  
BEREAVEMENT COUNSELLOR,  
JULIE KEON.

STARTING IN MAY, CALL  
613-582-3685 OR 613-628-2523  
TO REGISTER