



Primary Care Outreach to Seniors

The Team . . .



Is comprised of a registered nurse and community health worker who visit seniors in their homes to provide support with their care and link them to resources helpful to maintaining their health and independence.

In partnership with South-East Ottawa Community Health Centre

What we do . . .

We provide ongoing support, focusing on what is important to seniors. We work with families, health care professionals, geriatric partners and community agencies to improve wellness and reduce isolation, emergency department visits, and hospital admissions.



Services Offered . . .

- help with **medication review**
- **accompaniment** to medical appointments as appropriate
- help with **forms completion**
- help with **system navigation**
- links to supportive **community and social programs**
- **chronic illness management**
- help accessing **housing** support services
- **Advocacy**

Contact us at . . .



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connectwell.ca

Referral Form

