



Land Acknowledgement Statement

We acknowledge that the land where we work and gather is the traditional unceded territories of the Indigenous nations who have lived on these lands since time immemorial. In particular, we acknowledge the Anishnaabeg (Ah-nish-in-a-bek), Huron-Wendat, Haudenosaunee (Ho-den-no-show-nee), Oneida, and Algonquin peoples. We are grateful to live and work on this land, and to work in allyship with Indigenous communities. Let us learn from the Indigenous caretakers of this land about the sacred relationships and responsibilities that we have to each other and to these beautiful lands that give us what we need to live a healthy life.

Board of Directors Meeting Minutes

September 26, 2023
207 Robertson Drive, Lanark

Board meeting @ 3:00 p.m.
Strategic planning presentation at 4:00 p.m.

Present (in person): Tom Baumgartner, Bruce Brough, Carole Devine, Nick Dibdin, Jean Dunning, Kim Groskleg, Kim O'Connor, Jan Paul-Barr, Lesley Scharf

Present (on Zoom): Miriam Hunt, David Moat

Regrets: Tandrae Knapp, Mary Lou Pratt

Staff (in person): Sarah Sark, Kara Symbolic, Amy Vanderspank, Becky Walker (resource)

Staff (on Zoom): Carol Anne McNeil, Corrie Stewart

Guests: Stephen Bird (former Board member), Liz Weaver (Tamarack Institute)

1. Welcome: Jean welcomed everyone, read the land acknowledgement statement, and confirmed quorum for the meeting.
2. Approval of agenda: Approved as presented. No conflict of interest declared.
3. Approval of minutes: The June 27, 2023 and August 29, 2023 Board meeting minutes were approved as presented.
4. Business arising from minutes: No business carried over from previous meetings.
5. Finance Committee report: Amy presented an Intro to True Cost Accounting. She will send out the materials to Board members following the meeting.



Kim reported on the work of the Committee. She presented the September 19 meeting minutes, the updated Terms of Reference, the Q1 financial summary by program, and the 2023-24 budgets by part and program. The Board received the minutes and approved the Terms of Reference, the financial summary, and the budgets.

6. New business:

6.1. Feedback from Board and community member exit interviews: Jean reported on feedback received from departing Board and community members during their exit interviews. She noted that there were lots of kudos for Amy and the Finance Team for their hard work.

7. Board workplan items for September:

- Orientation and update for Board members: Tom reminded everyone that the final orientation session will take place this week, with a feedback survey to go out in the next month.
- Confirm commitment to Mission and Belief statements: Jean read the Mission and Belief statements, noting that these will be revised slightly based on feedback from the strategic planning process.
- Establish annual Board workplan: The Board reviewed the workplan with recommendations from the Governance Committee. Following discussion, additional edits were made. Becky will update and post in SharePoint. The Board approved the 2023-24 workplan.

8. Report from the Chief Executive Officer: Sarah presented her report.

9. Governance Committee report: Tom reported on the work of the Committee. He presented the September 6 Governance Committee meeting minutes and the updated Terms of Reference. The Board received the minutes and approved the Terms of Reference. Tom also reported on feedback from the annual Board evaluation and noted that no Board action is required at this time. In the future, some comments will be followed up with an email to all Directors asking for the person who made the comment to supply more information.

10. Healthier Community Committee report: Miriam reported on the work of the committee, noting that the first meeting following the summer break is scheduled for October 5.

11. Planning & Review Committee report: Carole reported on the work of the committee, which will be focused on reviewing the Terms of Reference.

12. Alliance Liaison report: Bruce reported that he will be attending the Board Liaison orientation webinar on October 11.

13. Presentation: Liz Weaver from the Tamarack Institute presented the draft strategic plan for ConnectWell. Board members provided feedback and Sarah took notes of recommendations.



Documents will be sent to Board members to reflect on before the final version is presented at the October Board meeting for review and approval. Any additional feedback should be sent to Liz within two weeks. Liz noted that the plan is to engage staff in early November to operationalize workplans based on the strategic directions.

14. Informational items: Jean and Sarah reviewed the informational items; there were no questions.
15. Availability for cheque signing: Tom is available all month; both Jean and Kim will be on vacation and will let Becky know when they are available.
16. Upcoming meetings:
 - Board orientation session 5 – Meeting Procedures & Best Practices: September 28 @ 1:00 p.m. on Zoom
 - Board meeting: October 24 @ 3:00 p.m. in Cobden (see meeting invite for location details)