



## Board of Directors Meeting Minutes

February 24 Board Meeting at 3p.m.

### Primary Care Presentation at 2:30pm – Emily Frizell & Manish Watts

**Attendees:** Mary Lou Pratt, Michel Vermette, Jean Dunning, Bruce Brough, Shari Glenn, Jan Paul-Barr, Teri Rheame, Lesley Scharf, Gerry Van Loon, Nick Dibdin,

**Staff:** Sarah Sark, **Resource:** Melanie Webber

**Regrets:** Wayne Stryde, Carole Devine, Miriam Hunt

1. Welcome:
  - 1.1 Land acknowledgement statement: Nick Dibdin provided a reading and reflection on the Indigenous 13-Moon Calendar and how February is recognized as the Bear Moon.
  - 1.2 Confirmation of quorum: quorum was confirmed
2. Approval of agenda:
  - o The agenda was approved as presented, with the Nominating Committee Terms of Reference deferred to the March meeting for review and approval.
  - 2.1 Conflict of interest: No new conflict of interests were declared during the meeting.
3. Approval of minutes:
  - 3.1 Approval of Board minutes from January 27, 2026: The minutes were approved.
  - 3.2 In Camera minutes from January 27, 2026: The minutes were approved.
4. Business arising
  - 4.1 Performance working group will be meeting on March 4, 2026, and an update will be provided at the next meeting
5. New business
  - 5.1 No new Business added
6. Board workplan items for February:
  - 6.1 Begin planning for Annual Meeting (speaker, location)
    - o The confirmed date for the Annual meeting is Saturday May 2<sup>nd</sup>, 2026, at Calabogie Peaks Resort from 9am to 4pm. Breakfast and lunch will be provided. Details on guest speaker and topics continue to be reviewed. Sarah will complete the estimate/agreement and will send out “save the date” invitations to Board and Community Members as well as Directors.
  - 6.2 QRS Generative discussion:
    - o Nick provided an overview of generative discussions, outlining its purpose and key characteristics. He clarified what constitutes a generative discussion—and

what does not—reviewed the rules of engagement, and shared examples of potential topics.

- Shari facilitated an interactive portion of the meeting, inviting members to propose potential topics for future generative discussions. Suggested areas of focus included client mental health needs, mental health supports for staff and volunteers, orientation processes for new Board members, the impact of AI, homelessness, food insecurity, addictions, funding pressures, fundraising strategies, and overall financial sustainability.

7. Report from the Chief Executive Officer

8. Finance Committee report

- 8.1 February 17, 2026, Draft Meeting minutes
- 8.2 Audit Planning Report
- 8.3 Auditor Engagement letter

9. Governance Committee report

- 9.1 February 4, 2026, Draft Meeting minutes
- 9.2 Alliance liaison Terms of Reference: The updated TOR was reviewed and approved

10. QRS Committee report

- 10.1 February 12, 2026 Draft Meeting minutes – would like a one pager from Adrianna Tetley

11. Nominating Committee report

- 11.1 February 17, 2026 Draft Meeting minutes
- 11.2 January 20, 2026 Draft Meeting Minutes
- 11.3 Terms of Reference – deferred to next meeting for review and Approval
- 11.4 Workplan

12. Alliance Liaison report

- Discussion highlighted the Alliance taking a more active advocacy role in advancing increased funding, strengthening province-wide connections, and engaging its government relations team

13. Information items:

- 13.1 Connectwell Lanark newsletter
- 13.2 Community Connections
- 13.3 Seniors Bingo
- 13.3 Alliance Queens Park Day

14. Next meeting: March 24, 2026, on TEAMS

Connections presentation 2:30pm

- Board meeting @ 3:00 p.m.

Meeting adjourned at: 4:55 p.m.